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# Interactive Effects of Transactional Leadership and Work Meaningfulness on Job Performance

## Dr. NADEEM AHMED AWAN

Assistant Professor, Foundation University Islamabad, Pakistan Email: <a href="mailto:dr.nadeem.ahmed@fui.edu.pk">dr.nadeem.ahmed@fui.edu.pk</a>
Tel: +923455556216

## **TARIQ JAMIL**

University of Wah, Wah Cantt, Pakistan.

## AKRAM SADDIQUE

International Islamic University, ISB, Pakistan.

### Abstract

Based on social exchange theory, current study examined the impact of transactional leadership on supervisor rated job performance of employees. Moreover, moderating role of work meaningfulness between this linkage is verified. Primary data from 240 faculty members were collected from different private and public sector universities of Islamabad, Rawalpindi, Lahore & Sialkot. Simple random sampling technique was used. Data were analyzed using SPSS and Hayes's PROCESS. Correlations & Regression analysis were applied. The results bolstered the hypothesis of the study. Findings revealed that transactional leadership has a positive impact on job performance of the faculty members. Further, work meaningfulness is proven its moderating role between transactional leadership and job performance. The study will help the managers/leaders in Higher Education Sector to understand the role of transactional leadership and work meaningfulness for improving performance of the faculty members.

**Keywords:** Transactional Leadership, Work Meaningfulness, Supervisor Rated Job Performance, Social Exchange Theory.

#### Introduction

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Leadership, being a universal phenomenon, has received great attention of researchers and practitioners (Antonakis, 2017). Since decades, leaders have been glorified and considered as a positive force (Bligh et al., 2007). Leadership research has been the topic of discussion of many researchers since past (Howell & Avolio, 1993; Schriesheim, Castro, & Cogliser, 1999). Leaders provide an environment where followers become enablers to perform and put efforts to achieve the organizational goals and objectives. (Alrowwad & Abualoush; 2020). Thus, organizations need to understand and develop such leadership styles or behaviors to achieve desired job/organizational related outcomes. Transactional leadership is a common leadership style that has been applied in organizations (Young et al., 2021). It is defined as "Transactional leadership means managing transactions between the organisations and its members through contingent rewards." (SS Khanka, 2006). Transactional leaders believe on provision of benefits and rewards as a result of successful completion of tasks and objectives (Bass & Avolio, 1990). However, researchers argue that still there is need to study the role of transactional leader on followers' performance (Young et al., 2021). This linkage is important to study as followers' performance is key to the organizational success (Longe, 2014). Thus, current research is to explore the role of transactional leadership on job performance of the faculty members. Further, it has a support of social exchange theory (SET) as it cares our argument

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that under transactional leadership, follower will perform better because of their mutual exchange of benefits (Young et al., 2021).

However, for deep understanding of transactional leadership-job performance relationship, moderating or mediating role of additional variables can become more useful. Demirtas et al (2017) states that employees' perceived work meaningfulness has a significant influence on employees' performance related behaviors. Work meaningfulness is a subjective state that comes in the result of higher positivism in an organization, an individual associates with work (Kira;2012). For example, for some individuals the job of a teacher is development of the nation and the nation's development is experienced as positive for those individuals. Scholars argue that work meaningfulness behaviors are the main source required to gain organizational success in the ever-changing economic environment of the world (Frese & Fay, 2001, Crant, 2000). Work meaningfulness is positively related with job related behaviors of the people (Duffy et al., 2012). Thus, based on close connection of transactional leadership and work meaningfulness with job related outcomes, work meaningfulness is taken as a moderating variable to see its role in transactional leadership-job performance relationship.

Thus, purpose of present research is to verify the direct role of transactional leadership on job performance as well moderating role of work meaningfulness in transactional leadership-job performance relationship. The relationship is important as transactional leaders are task oriented and work meaningfulness is about associating the work with positive things. Therefore, jointly both can have strong impact on job performance of the faculty members.

## **Research Objectives**

- To examine how transactional leadership effect on supervisor rated job performance of the faculty members?
- o To investigate the moderating effects of work meaningfulness in the linkage between transactional leadership and supervisor rated job performance of the faculty members?

#### **Research Questions**

- Ones transactional leadership have a positive influence on supervisor rated job performance of the faculty members?
- O Does work meaningfulness plays moderating role in the linkage between transactional leadership and supervisor rated job performance of the faculty members?

## **Literature Review**

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## Transactional Leadership (TL)

Leadership, is a worldwide phenomenon and therefore has got high attention from academicians as well as the practitioners across the world (Antonakis, 2017). Since decades, leaders have been glorified and considered as a positive force (Bligh et al., 2007; Bass & Avolio, 1990). This is the reason that leadership has remained the topic of discussion among scholars of the past (Bass & Avolio, 1990; Howell & Avolio, 1993; Schriesheim, Castro, & Cogliser, 1999). Leaders play a critical role in providing such working environment where their followers become enablers to perform and put efforts in achieving the strategic goals of the firms. (Alrowwad & Abualoush; 2020). Therefore, firms in all the times have a need to understand and encourage such leaders or leadership styles to achieve desired job/organizational related outcomes. According to a recent meta-analytic study, TL has largely been applied in organizations but still needed to study (Young et al., 2021). Transactional leadership is defined as "Managing transactions between the organizations and its members through contingent rewards." (SS Khanka, 2006).

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Transactional leaders believe on provision of benefits upon task accomplishment (Bass & Avolio, 1990). Such leaders devote their efforts on completion of tasks by incorporating provision of rewards to enhance the workers' performance (Bass & Avolio, 2000). This style revolves around the phenomena of power and authority. Such leaders develop systems which are based on tasks and rewards linkage (Young et al., 2021). These leaders highlight the definition of goals, rules and regulations and standards to be achieved. (Bass, 1997). Transactional leaders concentrate on execution of work to increase performance (Bass & Avolio, 2000). TL construct is exchange of work and rewards and therefore has a strong support of social exchange theory.

#### Work Meaningfulness (WM)

Work meaningfulness can be defined as how important a particular work is for an individual at certain period of time during his life (Bellah, Madsen, Sullivan, Swidler, & Tipton, 1985). Work meaningfulness also refers to how important and attractive that work is for the individual in order to achieve the desired results from his/her work (Rosso et al., 2010).

Employees' perceived WM has a significant influence on employees' performance related behaviors (Demirtas et al., 2017). Work meaningfulness is a subjective state and have no connection with the objective state (Kira., 2012). It comes in result of positivism in the organization (Kira; 2012). Furthermore, he argues that in result of WM, people show willing to associate it with positive things. For instance, the perception of some teachers about their job is nation building and this mindset of societal contribution is experienced as positive for such teachers. It is argued by the scholars that work meaningfulness behaviors are the main source to attain organizational success in the ever-changing economic environment (Frese & Fay, 2001, Crant, 2000). Work meaningfulness is positively connected with job related behaviors (Duffy et al., 2012). Thus, work meaningfulness has been taken as moderating variable in this study.

#### Job Performance

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The notion of job performance is highly recognized in the field of management and is related with the job behaviors as well as work related outcomes (Johari, Tan, & Zulkarnain, 2018; Jamal, 2007; William, 2002). This construct covers both contextual as well as task performance and deemed one of the most important outcome variables (Johari, Tan, & Zulkarnain, 2018). Job performance means to attain the desired level of organizational outcomes (Mwita, 2000). Hasibuan, (2000) argues that job performance is the effort directed towards achieving the end results based on skills and expertise of the individuals within the given time and allotted resources at the disposal of the individuals. Mangkunagara (2000) concluded that job performance is the result of an individual's input to the output produced within the desired levels of quality standards so as to fulfill his work responsibilities. Jackson at al (1999) explained work performance as the amount of work achievement of an individual as a result of his whole hearted efforts. Scholars believe that performance gets its effects mostly from environment during which the individuals play their roles (Cummings and Schwab, 1973; Whetten and Cameron, 1998). It was also found that for any successful organization the role of leadership effectiveness was a key to success (Maritz, 1995; Ristow et al., 1999).

#### Transactional Leadership & Job Performance

Moreover, various researchers found out that effective leadership behaviors contribute well in achieving the desired outcomes from the followers (Maritz, 1995; Ristow, et al., 1999). Bass (1997) tells that leadership is the attraction point of attraction for groups to perform better through the influence of a personality and through encouragement to accept the desired behaviors. TL has significant effect on job performance as an employee who is committed and satisfied performs batter than the others (Walumbwa & Hartnell, 2011). For any organization to survive successfully in this competitive business environment the high performance of its employees is the key to success. A number of models and theories have established a connection between leadership and performance (Rejas et al., 2006; Gadot, 2007). However, the magnitude of effect

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on the employees' job performance varies from one leadership style to another (Yammarino, Spangler, & Dubinsky, 1998).

Transactional leaders devote their efforts on completion of tasks by incorporating provision of benefits & rewards for increased performance (Bass & Avolio, 2000). Transactional leaders contribute well in the improvement of job performance as this leadership style is task oriented and demands for work accomplishments. Transactional leaders are to develop systems on the basis of tasks and rewards linkage (Young et al., 2021). This argument has a strong support of social exchange theory (SET) as well because the theory talks about exchange of cost and benefits for work related outcomes. Different studies confirmed the relationship between TL and job performance (Liao & Chuang, 2007; Schaubroeck, Lam & Cha, 2007; Judge & Piccolo, 2004).

However, according to very recent meta-analytic study, TL has been largely applied in organizations but still needed to study (Young et al., 2021).

**Hypothesis 1:** Transactional leadership is positively associated with supervisor rated job performance of the faculty members.

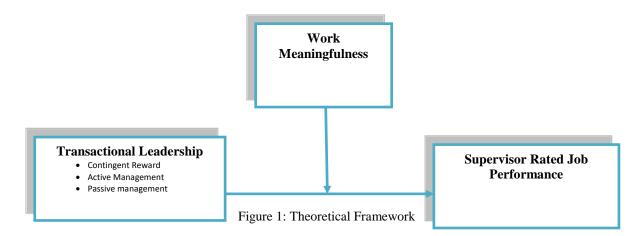
## **Moderating Role of Work Meaningfulness**

Workers who have a sense of work meaningfulness put positive influence on performance related behaviors (Demirtas et al., 2017). WM might put invigorating impact upon job related outcomes like job satisfaction or performance (Clercq et al., 2019). According to Kira (2012), at the time when individuals feel that their work is meaningful, associate this with positive things. Individuals who sense that their work is meaningful put their positive job-related efforts for the organization (Koopman et al., 2016). However, those individuals who have low level of work meaningfulness may lack in exerting their full efforts for the organization as their positive feelings towards such efforts are passive (Clercq et al., 2019). Moreover, WM is positively related with job related behaviors (Duffy et al., 2012). Therefore, based on close connection of transactional leadership and work meaningfulness with job related outcomes, work meaningfulness is taken as a moderating variable to see its role in strengthening or weakening the linkage between TL and JP.

**Hypothesis 2:** Work meaningfulness moderates the linkage between transactional leadership and supervisor rated job performance.

## Theoretical Framework

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#### Methods

#### Sample and Data Collection

Respondents of the study were faculty members from different public and private higher education institutitons of Pakistan. The reason is that faculty members play critical role in the societal development of any country.

The study will be helpful to improve the job performance of faculty members that will ultimately equip the students in their personal and professional growth. The chosen institutions/universistes are located in Islamabad, Rawalpindi, Lahore & Sialkot. Data were gathered through self administrated questionnaires using simple random sampling technique. This technique is applied due to limited population size. Here, the sample size of the study was taken as 240 faculty members.

Transactional leadership, the independent variable and work meaninfulness, the moderating variable were self reportedly measured. However, job performance, the dependant variable was supervisor rated.

#### Measures

Measures of the study were adopted from the ealrier studies and 7-points likert scale was used where 1 = 'Strongly disagree' to 7 = 'Strongly agree'.

TL was measured based on 03 dimensions including active management by exception, contingent reward, and passive management by exception dimension. This scale was consist on 13 items (Omoankhanlen et al; 2014).

Work meaningfulness, the moderating variable of the study was measured using 06 items (Douglas et al., 2004). Supervisor rated job performance, the dependant variable of the study was measured using 07 items (William & Anderson; 1991).

## **Data Analysis**

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# Reliability Analysis

The relaiability test was conducted. CR ranged from .89 to .94 against the standard value of greater than 0.60. Thus, all the constructs of the study are reliabe.

#### **Data Analysis Techniques**

Data were analyzed using SPSS, Process Macro by Hayes. Correlation analysis and Confirmatory factor analysis was done before SEM.

Square root of AVE shows the values between 0.77 to 0.86. Hence, all the values are greater than standard value of 0.70. Moreover, CR values ranges between 0.89-0.94 therefore, it further confirmed the reliability of the constructs.

CFA reveals the discriminant valididty of all the latent variables. Morevoer, moderation was done using PROCESS macro.

# **Descriptive Statistics**

Table I: - Frequency Distribution (GENDER & AGE)

			Valid percentage	Cumulative	
Gender		y		percentage	
	Male	160	80.0	80.0	
	Female	40	20.0	100.0	
	Total	200	100.0		
	26-30	65	32.5	32.5	
	31-35	60	30.0	62.5	
	36-40	55	27.5	90.0	
Age	41-45	20	10.0	100.0	
-22	Total	200	100.0		

Table 1 shows representation of both male and female faculty members where 20% were female and 80% were male respondents. Moreover, data shows the people of different age groups from the age of 26 to 45 years.

Table 2: Mean, Standard Deviation & Correlation

				1	2	3	4 5
S. N	Variable	Mean	SD	14/	19		
1	Gender	1.37	.48	-			
2	Age	1.32	.65	015	-		
3	Transactional Leadership	3.59	.48	.735**	.329**	-	
4	Job Performance	3.99	.50	.019*	.335**	.390**	-
5	Work Meaningfulness	4.31	.50	.641**	.331**	.705**	.557** -

Correlational values shows positive correlation between TL and WM (r = .705, P< .01) , TL & JP (r = 0.390, P < .01) and WM & JP (r=.557, P< .01).

Table 3: Factor Loadings, Reliabilities & AVEs

Items	Fact	or Loadin	gs			AVE	√AVE	CR
	CONR	ACTM	PASM	WM	JP			
TL.1	.88							
TL.2	.85							
TL.3	.87							
TL.4	.80							
TL.5	.91					.74	.86	.94
TL.6		.84						
TL.7		.89						
TL.8		.80						
TL.9		.88				.73	.85	.91
TL.10			.80					
TL.11			.86					
TL.12			.90					
TL.13			.89			.74	.86	.92
WM.1				.70				
WM.2				.72				
WM.3				.81				
WM.4	500			.79				
WM.5	32			.80				
WM.6	300			.77		.59	.77	.89
JP.1					.80			
JP.2	-31				.79			
JP.3	A.C.		111		.70			
JP.4	3	1 5	1 4		.76			1212
JP.5	900				.88			7 / 199
JP.6	200	1 19	2		.82			
JP.7	7 60	13/1	1		.75	.62	.79	.92

**Note**: \*\* Correlation is significant at the 0.01 (2-tailed)

#### **Structured Equation Modeling**

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Ensuing measurement model, Structural model was run through SEM. Gender & Age being the control variables were controlled.

Figure II reveals that Hypothesis 1 is confirmed. The  $\beta$  value of 0.41 approves one-unit change in TL has brought 0.41 units change in JP of the faculty members. Hence, TL strongly effect on the supervisor rated job performance of the faculty members and proves H1 of the study Figure 2: Direct Effect Model

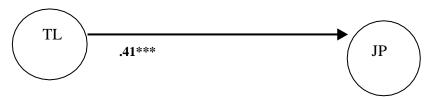


Figure 2: Direct Effect Model (Transactional Leadership & Supervisor rated Job Performance)

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#### **Moderated Regression Analysis**

Table 5: Moderation Analyses predicting Job Performance

	b	SE	T
	Depen	dent variable =	Job Performance
Constant			
	.312	.488	1.035
Transactional Leadership	.408	.201	3.469
Work Meaningfulness	.478	.148	3.014
Interaction effect (TL x WM)	.135	.050	2.248

In Table 5, interaction of transactional leadership and work meaningfulness showed significant beta value of ( $\beta = 0.14$ , p < 0.05). Hence, Work meaningfulness moderates and therefore hypothesis 2 is accepted.

## **Discussion & Conclusion**

The main purpose of the study was to investigate the interactive effects of transactional leadership and work meaningfulness on job performance of faculty members (H1 & H2). The study filled the gap by introducing moderating role of work meaningfulness between transactional leadership and job performance as previously no study was found where this relationship was examined. Therefore, it also contributes in the existing body of literature in the field of management, HRM and social sciences. Findings prove that when leader is transactional and task oriented on one side. While faculty members have work meaningfulness on other side. Then, both jointly influence and increase the job performance of the faculty members.

## **Implications of Study**

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Findings show the significance of transactional leaders in the education sector of Pakistan. Moreover, its importance to relate leadership with work meaningfulness. The present study is helpful for policy makers, managers and administrators of education institutions to supervise their subordinates. It is very helpful to understand how transactional leadership style needs to implement and adopt to improve the performance of subordinates.

It is proven that transactional leadership is very helpful in performing operational duties. The study is helpful for leadership of the educational institutions/universities to decide about the nature of faculty members who should be hired. The study will help to improve the performance of faculty members which will be ultimately beneficial for the students of these institutions.

# **Limitations and Future Research**

This study incorporates only transactional leadership stlyle due to time constraint, future researchers can incorporate mix of leadership style to investigae or compare the results. The research only covers the education institutes of Islamabad, Rawalpindi, Sialkot and Lahore. Future research can be conducted into different sectors or by expanding the population.

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